

Community Counseling Resource List

Crisis Lines:

King County (24 hours) 206-461-3222 or 866-4CRISIS
Pierce County (24 hours) 800-576-7764
Crisis Text Line (24 hours) Text HOME to 741-741
Teen Line 866-833-6546
Trans Lifeline 1-877-565-8860 and translifeline.org
Suicide & Crisis Lifeline 988
Crisis Text Line via Facebook – “Send Message” at [facebook.com/crisistextline](https://www.facebook.com/crisistextline)
The Trevor Project <http://www.thetrevorproject.org>

Samaritan of Puget Sound –

13 Locations including South King County
Call: 206-527-2266
Sliding-scale fee. No Medical coupons accepted.

Valley Cities Counseling and Consultation –

2705 'I' Street NE, Auburn, WA 98002
Call: 253-833-7444
Sliding-fee scale. Accepts Medical Coupons.

Navos Mental Health and Wellness Center –

1210 SE 136th St. Burien, WA 98166
Call: 206-257-6601
Sliding-fee scale. Medical Coupons.

Asian Counseling and Referral Services –

<http://acrs.org>
3639 Martin Luther King Jr. Way S
Seattle, WA 98144
Call: 206-695-7600

Seattle Counseling Services for Sexual Minorities –

South King County
Call: 206-323-1768
Sliding-fee scale

Lutheran Counseling Network –

15 sites at churches throughout the King County area (counseling is non-denominational).

Auburn Area – 253-839-1697

Kent/Renton Area – 425-271-9711

Very low sliding-scale fee – depends on location and provider (ask when calling). No Medical coupons accepted.

Catholic Community Services –

1229 West Smith St Kent, WA 98032
South King County - 253-854-0077
Sliding-fee scale. Accepts Medical Coupons.

Presbyterian Counseling Services –

South King County – 206-527-2266
Sliding-scale fee. No medical coupons accepted.

Atlantic Street Center –
<http://atlanticstreetcenter.org>
Kent Location – 253-859-7792
Seattle Location – 206-329-2050

Consejo Counseling and Referral Services –
<http://consejocounseling.org>
11 Locations in Washington State
Call: 206-461-4880

The Antioch Clinic –
Community Counseling and Psychology Clinic
<http://antioch.edu/centers-institutes/aus-counseling-center/>
Call: 206-268-4840
Low fee, sliding scale (beginning at \$0)

Therapeutic Health Services –
<http://ths-wa.org>
Call: 1-833-278-4357
African-American Ethnic Mental Health, specifically available at certain locations; Rainier Branch, Eastside Branch, Youth and Family Services available at MLK Jr. Way S Seattle

ReWA Center for Social-Emotional Wellbeing –
<http://www.rewa.org>
Call: 206-496-4330

Psychology Today –
<http://www.psychologytoday.com>
Search for individual counselors and psychologists based on location, insurance and issue

Multicultural Counseling –
www.MulticulturalCounseling.org
Search for individual counselors by ethnicity, language, religion and location.

BIPOC Mental Health Resources –
<http://namiseattle.org/bipoc-mental-health-resources>

Seattle Central College Counseling BIPOC Resources –
<http://seattlecentral.edu/campus-life/student-support-and-services/counseling/bipoc-resources>

TherapyFund Foundation –
Provides funding for therapy
<http://therapyfundfoundation.org>

Green River College on Campus Resources

Center for Transformational Wellness
Student Affairs Building, Benefits Hub
www.greenriver.edu/ctw/

The Benefits Hub
www.greenriver.edu/campus/campus-resources/benefits-hub/

Violence Prevention Center
Student Affairs Building, Benefits Hub
www.greenriver.edu/campus/campus-resources/violence-prevention-center/