

Learning Styles Preference Inventory A

Read each statement and select the appropriate response number as it applies to you. Often = 3, Sometimes= 2, Seldom/Never= 1

- _____ 1) I remember information better if I write it down.
- _____ 2) My papers and notebooks always seem messy.
- _____ 3) I start a project before reading the directions.
- _____ 4) Looking at the person helps keep me focused.
- _____ 5) When I read, I need to use my index finger to track my place on the line.
- _____ 6) I hate to sit at a desk for long periods of time.
- _____ 7) I need a quiet place to get my work done.
- _____ 8) I do not follow written directions well.
- _____ 9) I prefer first to see something done and then to do it myself.
- _____ 10) When I take a test, I can see the textbook page in my head.
- _____ 11) If I hear something, I will remember it.
- _____ 12) I use the trial and error approach to problem-solving.
- _____ 13) I need to write down directions, not just take them verbally.
- _____ 14) Writing has always been difficult for me.
- _____ 15) I like to read my textbook while riding an exercise bike.
- _____ 16) Music or background noise distracts my attention from the task at hand.
- _____ 17) I often misread words from the text, i.e. "them" for "then").
- _____ 18) I take frequent study breaks.
- _____ 19) I don't always get the meaning of a joke.
- _____ 20) I would rather listen and learn than read and learn.
- _____ 21) I have a difficult time giving step-by-step instructions.
- _____ 22) I doodle and draw pictures on the margins of my notebook pages.
- _____ 23) I'm not very good at interpreting an individual's body language.
- _____ 24) I enjoy sports and do well at several different types of sports.
- _____ 25) I have trouble following lectures.
- _____ 26) Pages with small print or poor quality copies are difficult for me to read.
- _____ 27) I use my hands when describing things.
- _____ 28) I react very strongly to colors.
- _____ 29) My eyes tire quickly, even though my vision check-up is always fine.
- _____ 30) I have to rewrite or type my class notes to reinforce the material.